

Descriptive statistics		Descriptive statistics	
Variable	Mean (SD)	Variable	Mean (SD)
Age	34.5 (10.2)	Age	34.5 (10.2)
Gender	Male (0.75)	Gender	Male (0.75)
Marital status	Married (0.65)	Marital status	Married (0.65)
Education	High school (0.45)	Education	High school (0.45)
Income	\$15,000 (12,000)	Income	\$15,000 (12,000)
Health status	Good (0.85)	Health status	Good (0.85)
Stress level	High (0.70)	Stress level	High (0.70)
Life satisfaction	Low (0.30)	Life satisfaction	Low (0.30)
Depression	Severe (0.20)	Depression	Severe (0.20)
Loneliness	High (0.60)	Loneliness	High (0.60)
Self-esteem	Low (0.25)	Self-esteem	Low (0.25)
Resilience	Low (0.35)	Resilience	Low (0.35)
Optimism	Low (0.20)	Optimism	Low (0.20)
Gratitude	Low (0.15)	Gratitude	Low (0.15)
Forgiveness	Low (0.10)	Forgiveness	Low (0.10)
Empathy	Low (0.10)	Empathy	Low (0.10)
Compassion	Low (0.10)	Compassion	Low (0.10)
Kindness	Low (0.10)	Kindness	Low (0.10)
Generosity	Low (0.10)	Generosity	Low (0.10)
Patience	Low (0.10)	Patience	Low (0.10)
Self-control	Low (0.10)	Self-control	Low (0.10)
Emotional stability	Low (0.10)	Emotional stability	Low (0.10)
Psychological well-being	Low (0.10)	Psychological well-being	Low (0.10)
Life satisfaction	Low (0.10)	Life satisfaction	Low (0.10)
Depression	Severe (0.20)	Depression	Severe (0.20)
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Self-control	Low (0.10)	Self-control	Low (0.10)
Emotional stability	Low (0.10)	Emotional stability	Low (0.10)
Psychological well-being	Low (0.10)	Psychological well-being	Low (0.10)